Behavioral Skills Training and Hospice Services in Caring for Loved Ones with Dementia:

Improving Quality of Life and Support

KEY TOPICS:

- Caregiver Skills Building and Self-Care
- Relaxation and Calming Prayer
- Dementia Prevention Strategies
- Spiritual, Emotional, and Physical Benefits of Hospice Care
- Advanced Care Planning for Loved Ones with Dementia

FREE Workshop and Lunch!

SATURDAY, NOVEMBER 18, 2023 11:00 AM - 1:30 PM

Friendship African Methodist Episcopal Church 5975 Old Bainbridge Rd, Tallahassee, FL 32303

To Register and receive your workshop materials or for more information, please e-mail Tomeka Norton-Brown at **tnnorton@fsu.edu** or call **1-866-778-2724**.

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